CITY OF ROCKLIN

# Recreation

YOUR GUIDE TO YOUTH SPORTS, CLASSES & FAMILY FUN



### Introduction

Rocklin Parks & Recreation and our many partners are pleased to bring you the great recreation programs listed in this guidebook. Staying physically active, learning new skills and being engaged is not only important for your physical health and mental well-being, it's also loads of fun!

### **Ouestions?**

We're always happy to answer questions you have. Give us a call at (916) 625-5200. Get more detailed information, the latest updates, and register for classes and activities at <u>rocklin.ca.us/classes-and-programs.</u>

### Virtual recreation

With our in-person programs postponed and facilities temporarily closed, we will continue to share activities and resources to keep you active and connected online. Visit **rocklin.ca.us/virtualrec** or follow us on Instagram and Facebook for new ideas on keeping you and your loved ones healthy, active and engaged.

### **Covid information**

Stay safe with Covid-19 information and updates posted on the City Of Rocklin website <u>rocklin.ca.us/coronavirus</u>

The City of Rocklin, its partners and instructors work hard to follow current California State and Placer County guidelines and precautions for your safety. Please help them and everyone you come in contact with by doing the same.

#### **Cover your face**

Cloth face coverings or masks help reduce the spread of coronavirus.

### **Maintain Your Space**

Avoid people outside of your household and maintain a safe social distance of six feet or more whenever outside the house.

#### Wash hands

Regularly wash hands with soap and water for at least 20 seconds.





es lined up just for them

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child will love it.

### **Locations**

Parks & recreation facilities are located throughout Rocklin.

**Clarke Dominguez Gym** *5035 Meyers Street* 

Community Center 5480 5th Street

**Johnson-Springview Park** 5480 5th Street

Kathy Lund Park 6101 West Oaks Boulevard

Margaret Azevedo Park 1900 Wildcat Boulevard

**Parks & Recreation Office** 5460 5th Street, Senior Activity Room

**Parkview Activity Room** 5460 5th Street

**Quarry Park** 4000 Rocklin Road

**Rocklin Event Center** *2650 Sunset Boulevard* 

**Twin Oaks Park** 5500 Park Drive

Whitney Park
1801 Whitney Ranch Parkway

Find a park rocklin.ca.us/find-park



### **BENEFITS OF YOUTH SPORTS**

The evidence supporting sports participation for young people is overwhelming. It has the power to combat everything from racism to low self-image, to the high-school drop-out rate." (Sue Castle, Executive Producer of PBS Sports: *Get in the Game*) Read more at: KidsPlayUSAFoundation.org

### **PHYSICAL BENEFITS**

Children who participate in sports develop general physical fitness. They also have fun and establish habits for good health. In addition, sports help children learn the importance of teamwork while developing essential social skills that will serve them throughout their lives.

Register for classes by clicking the blue number by the class title. Payment for all classes: Visa, MasterCard, American Express, Discover, or Diners.

#### **KARATE**

A well-established program that has served over 2,500 students in the last 20+ years, this course will teach students in the art of Shotokan Karate—the original style of Japanese Karate. Karate develops self-esteem and provides a healthy exercise regimen. Structure and discipline are enforced in this program. Karate uniforms are sold the first week of class.

Location: Rocklin Community Center, 5480 5th St.

**Ages:** 7 yrs and older **Gender:** Coed

**Dates:** May 4 – August 24

**Note:** Masks required!



#### Karate- White, Red & Yellow Belts — (9006)

- Tuesdays and Thursdays from 6pm to 6:30pm (Except Thursday, May 6. Check with instructor)
- Activity fee: Residents: \$160, Nonresidents: \$170
- **Note:** This class is for beginning students and students who have already earned a Yellow Belt and want to promote to the next belt rank.

#### **Orange & Blue belts — (9007)**

- Tuesdays and Thursdays from 6:30pm to 7pm (Except Thursday, May 6. Check with instructor)
- Activity fee: Residents: \$180, Nonresidents: \$190
- **Note:** This class is for students who have already earned an Orange Belt or Blue Belt and want to promote to the next belt rank.

#### Green (no stripe), Green (with stripe), & Purple Belts — (9008)

- Tuesdays and Thursdays from 7pm to 7:30pm (Except Thursday, May 6, check with instructor)
- Activity fee: Residents: \$190, Nonresident: \$200
- **Note:** This class is for students who have already earned a Green Belt with or without the red stripe or Purple Belt without the red stripe belt and want to promote to the next belt rank.

### Karate- Purple (with stripe) & Brown Belts — (9009)

- Tuesdays and Thursdays from 7:30pm to 8pm (Except Thursday, May 6. Check with instructor)
- Activity fee: Residents: \$200, Nonresidents: \$210
- **Note:** This class is for students who have already earned an Orange Belt or Blue Belt and want to promote to the next belt rank.

### Black Belt — (<u>9010</u>)

- Tuesdays and Thursdays from 8pm to 8:30pm (Except Thursday, May 6. Check with instructor)
- Activity fee: Residents: \$200, Nonresidents: \$210
- **Note:** This class is for students who have already earned a 1st kyu Brown Belt, Pre-shodan 1—3 belt, or Dan Black Belt and want to promote to the next belt rank.

Register for classes by clicking the blue number by the title. Payment for all classes: Visa, MasterCard, American Express, Discover, or Diners.

### **SKYHAWKS SOCCER CLINIC** — (3011), (3013)

Skyhawks is the nation's #1 camp for learning the fundamentals of soccer. Using our professional curriculum, boys and girls will gain the technical skills and sports knowledge required for that next step into the world of soccer.

**Location:** Twin Oaks Community Park, 5500 Park Dr.

Activity fee: Resident: \$85, Nonresident: \$95

Ages: 6–12 yr, 11 mo Gender: Coed

**Dates:** March 10–April 7 (3011), April 21–May 19 (3013) **Times:** Wednesdays, 4:15pm–5:15pm

**Notes:** Course 3013 is a repeat of Course 3011.



### **Cycling Skills**

e help your child leave those training wheels behind in a couple of lessons through a dedicated training program. Our former Tour de France cycling racer and coach will lead this class while building up you child's knowledge, fitness and confidence.

We are dedicated to child safety and professional training, in addition to making fun memories.

Johnson-Springview Park Ages 5–12 • Tuesdays

Cyclists meet in the parking lot by the tennis courts. For details, contact Alexander Efimkin @ (916) 913-8798.

### SKYHAWKS BEGINNING TENNIS — (3014), (3016)

This class provides a relaxed environment where fundamental tennis skills are taught, along with a wide range of fun activities that help balance, movement, sending, receiving, and gross motor skills on a 36-foot court. In addition to expanding tennis skills, players improve their movement and rallying skills. We help each player develop better tennis mechanics and more consistent shots. A variety of fun activities are used to improve player athleticism through agility, balance, coordination, and movement development. Players may bring their own tennis racquets or use the racquets provided.

Location: Twin Oaks Community Park, 5500 Park Dr.

Activity fee: Resident: \$85, Nonresident: \$95

Ages: 5-8 yr, 11 mo Gender: Coed

**Dates:** March 12—April 9 (3014), April 23—May 21 (3016) **Times:** Fridays, 4—5pm

**Notes:** Course 3016 is a repeat of Course 3014.

### SKYHAWKS INTERMEDIATE TENNIS — (3015), (3017)

This class emphasizes all aspects of the game and helps improve proper shot technique. Focus is placed on live ball drills that develop rallying and decision-making skills, along with proper movement and recovery. Point playing games are used to reinforce the skills learned and to improve the players' competitive skills. Using technique progressions that lead to live-ball play is a key element in this program. Players may bring their own tennis racquets or use the racquets provided.

Location: Twin Oaks Community Park, 5500 Park Dr.

Activity fee: Resident: \$85, Nonresident: \$95

Ages: 9–12 yr, 11 mo Gender: Coed

**Dates:** March 12—April 9 (<u>3015</u>), April 23—May 21 (<u>3017</u>) **Times:** Fridays, 5:15pm—6:15pm

**Notes:** Course 3017 is a repeat of Course 3015.

Register for classes by clicking the blue number by the title. Payment for all classes: Visa, MasterCard, American Express, Discover, or Diners.

### SKYHAWKS SOCCER TOTS — (<u>3010</u>), (<u>3012</u>)

Soccer Tots is our flagship program. These soccer-themed motor skill classes are easy for youngsters. Younger ages focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills, personal focus, and an element of light competition. Instructor-to-student ratio is kept small to maximize individual development. Above all else, we promote fun, fun, fun!

**Location:** Twin Oaks Community Park

Activity fee: Resident: \$85, Nonresident: \$95

Ages: 3-4 yr Gender: Coed

**Dates:** March 10–April 7 (<u>3010</u>), April 21–May 19 (<u>3012</u>) **Times:** Wed., 3:15pm–4pm

Notes: Course 3012 is a repeat of Course 3010.

### NAA ALL SORTS OF SPORTS JR ACADEMY SPRING BREAK CAMP — (4502)

The All Sorts of Sports coed camp by National Academy of Athletics is packed with fun. Whether your child is a beginner or more advanced player, this multi-sport camp is a perfect place for kids to be introduced to the world of sports, teamwork and athletics! Games we play include baseball, basketball, dodge ball, soccer, flag football, capture the flag, ultimate frisbee, obstacle races and a whole lot more. Children will learn new skills while having a blast and making new friends.

**Location:** Johnson-Springview Community Park, 5480 5th St.

Activity fee: Resident: \$149, Nonresident: \$159

Ages: 7–13 yr, 11 mo Gender: Coed

**Dates:** March 29–April 2 **Times:** Monday through Friday, 9am–noon

**Notes:** A great way to introduce your youngsters to the world of sports, teamwork, and athletics! Build motor skills, hand-eye coordination, agility, and many sport-specific skills.



Register for classes by clicking the blue number by the title. Payment for all classes: Visa, MasterCard, American Express, Discover, or Diners.

### NAA ALL SORTS OF SPORTS SUMMER CAMP — (206), (208)

The National Academy of Athletics (NAA) summer camp is a great way to introduce your youngsters to the world of sports, teamwork, and athletics! Build motor skills, hand-eye coordination, agility, and many sports specific skills. Kids have a blast playing games with others. Baseball, basketball, dodge ball, soccer, flag football, capture the flag, relay & obstacle races, and more!

Location: Johnson-Springview Community Park, 5480 5th St

**Facility:** Johnson Field #7 (C)

Activity fee: Resident: \$159, Nonresident: \$169

Ages: 7–11 yr 11 mo Gender: Coed

**Dates:** June 7–June 11(206), July 19–July 23 (208) **Times:** 9am–noon, Monday through Friday

**Notes:** Course 208 is a repeat of Course 206.



### NAA ALL SORTS OF SPORTS JR. ACADEMY SUMMER CAMP -(2113), (2115)

This National Academy of Athletics summer camp is a great way to introduce kids to sports, teamwork and athletics. Build motor skills, hand-eye coordination, agility, and many sports-specific skills. Kids have a blast playing games with others. Baseball, basketball, dodge ball, soccer, flag football, capture the flag, relay & obstacle races and more.

**Location:** Johnson-Springview Community Park, 5480 5th St

Facility: Johnson Field #7 (D)

Activity fee: Resident: \$159, Nonresident: \$169

**Ages:** 4–6 yr 11 mo **Gender:** Coed

**Dates:** June 7–June 11 (2113), July 19–July 23 (2115)

**Times:** 9am—noon, Monday through Friday **Notes:** Course 2115 is a repeat of Course 2113.

### NAA AIR ATTACK FLAG FOOTBALL SUMMER CAMP -(202)

Non-contact flag football for boys and girls from The National Academy of Athletics. Players are grouped by age and ability, and every camper gets to learn QB, receiver, running back, and defensive skills. Individual and team challenges, games, and football fun without worrying about the contact! Features: Personal Player Video, confidence builders program, daily chalk talk, RSBQ workouts, and skills of the day.

**Location:** Johnson-Springview Community Park, 5480 5th St

Facility: Johnson Field #7 (D)

Activity fee: Resident: \$139.00, Nonresident: \$149.00

**Ages:** 5–13 yr 11 mo **Gender:** Coed

**Dates:** June 21–June 25 **Times:** 9am–noon, Monday through Friday

Register for classes by clicking the blue number by the title. Payment for all classes: Visa, MasterCard, American Express, Discover, or Diners.

### NAA BUMP, SET, SPIKE GRASS VOLLEYBALL SUMMER CAMP -(203), (204)

Kids learn fundamental volleyball skills with progression drills, easy-to-understand instruction, games, and competitions. This National Academy of Athletics summer camp gives beginner to intermediate players the opportunity to build a solid volleyball foundation.

**Location:** Johnson-Springview Park, 5480 5th St. **Facility:** Johnson Field #7 (A)

Activity fee: Resident: \$139, Nonresident: \$149 Ages: 5–13 yr, 11 mo Gender: Coed

**Dates:** June 14–June 18 (203), July 26–July30 (204) **Times:** 9am–noon, Monday through Friday

**Notes:** Course 204 is a repeat of Course 203.

### NAA HOOP IT UP BASKETBALL JUNIOR ACADEMY SUMMER CAMP -(2114)

The Hoop It Up Summer Basketball Camp by National Academy of Athletics is packed with fun. Packed with skills, drills and daily competitions, boys and girls fall in love with the game and become better basketball players. Skills covered: footwork, passing, ball handling, and defense. Our basketball camps are the perfect place to learn about the game and fitness while having a blast and making new friends.

Location: Johnson-Springview Park, 5480 5th St. Facility: Johnson-Springview Park Basketball Court

Activity fee: Resident: \$159, Nonresident: \$169 Ages: 4–6yr, 11 mo Gender: Coed

**Dates:** June 14—June 18 **Times:** 9am to noon, Monday through Friday

### NAA HOOP IT UP SUMMER BASKETBALL CAMP -(207)

The Hoop It Up Summer Basketball Camp by National Academy of Athletics is packed with fun. Packed with skills, drills and daily competitions, boys and girls fall in love with the game and become better basketball players. Skills covered: footwork, passing, ball-handling, and defense. Our basketball camps are the perfect place to learn about the game and fitness while having a blast and making new friends.

Location: Johnson-Springview Park, 5480 5th St. Facility: Johnson-Springview Park Basketball Court

Activity fee: Resident: \$159, Nonresident: \$169 Ages: 6–13 yr, 11 mo Gender: Coed

**Dates:** June 14–June 18 **Times:** 9am—noon, Monday through Friday



### NAA DISC GOLF CAMP -(201)

The Long & Short Disc Golf Camp — National Academy of Athletics Disc Golf program teaches campers the skills to play the game of disc golf. From basic throwing techniques to strategies combined with athletic warm up and stretching, campers have a blast playing, learning and competing. Campers will see their abilities, confidence and enjoyment improve during this camp.

**Location:** Johnson-Springview Park, 5480 5th St. **Facility:** Disc Golf Course

Activity fee: Resident: \$139, Nonresident: \$149 Ages: 5–12 yr, 11 mo Gender: Coed

**Dates:** July 12–July 16 **Times:** 9am—noon, Monday through Friday

Register for classes by clicking the blue number by the title. Payment for all classes: Visa, MasterCard, American Express, Discover, or Diners.

### NAA RUN, PASS, SHOOT LACROSSE SUMMER CAMP — (205)

Fundamental lacrosse skills with footwork drills, catching, dodging, agility, passing, cradling, shooting, defense, and game strategies. In this National Academy of Athletics summer camp, boys and girls receive positive reinforcement throughout the day, to help build their confidence and individual skills is a fun and positive environment.

**Location:** Johnson-Springview Park, 5460 5th St. **Facility:** Johnson Field #7 (A)

Activity fee: Resident: \$139, Nonresident: \$149 Ages: 5–13 yr, 11 mo Gender: Coed

**Dates:** June 28–July 2 **Times:** Monday through Friday, 9am–noon

### SKYHAWKS BEGINNING GOLF CAMP — (303)

Participants will learn the fundamentals of swinging, putting, body positioning, etiquette and keeping score. This program is specifically designed for the entry-level player, simplifying instruction so that young players can make an easy and effective transition onto the golf course. All equipment provided

**Location:** Twin Oaks Community Park 5500 Park Dr. **Facility:** Twin Oaks Tennis Court

Activity fee: Resident: \$179, Nonresident: \$189 Ages: 6–12 yr, 11 mo Gender: Coed

**Date:** July 26–July 30 **Times:** Monday through Friday, 9am–noon,

#### SKYHAWKS SOCCER CAMP — (300)

Your young athlete will gain the technical skills and sport knowledge required for their next step into soccer. Areas of focus in this soccer camp are dribbling, passing, shooting and ball control. By the end of the program, your child will have learned new life skills, such as teamwork and sportsmanship, made new friends and improved their soccer skills.

Location: Twin Oaks Community Park 5500 Park Dr. Facility: Twin Oaks Tennis Court

Activity fee: Resident: \$179, Nonresident: \$189 Ages: 6–12 yr, 11 mo Gender: Coed

**Dates:** June 7—June 11 **Times:** Monday through Friday, 9am—noon

### SKYHAWKS TENNIS CAMP — (301)

Whether your child is a beginning or intermediate player, this program will improve their game and help them get more enjoyment from tennis. Our tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players.

Location: Twin Oaks Community Park 5500 Park Dr. Facility: Twin Oaks Tennis Court

Activity fee: Resident: \$179, Nonresident: \$189 Ages: 6–12 yr, 11 mo Gender: Coed

Dates: June 21—June 25 Times: Monday through Friday, 9am—noon



Register for classes by clicking the blue number by the title. Payment for all classes: Visa, MasterCard, American Express, Discover, or Diners.

### SKYHAWKS TRACK & FIELD CAMP — (302)

Skyhawks track and field combines technical development, fundamental techniques, and safety with a major focus on fun! Using special equipment, boys and girls learn the fundamentals of body positioning, stride, proper stretching, and cool-down techniques. Participants will receive a Skyhawks T-shirt and merit award at the conclusion of camp.

**Location:** Twin Oaks Community Park **Facility:** Twin Oaks — Field #5 — Multi — Along Park Dr

Activity fee: Resident: \$179, Nonresident: \$189 Ages: 6–13 yrs, 11 mo Gender: Coed

**Dates:** July 6–July 9 **Times:** Tuesday through Friday, 9am—noon



### **Registration includes:**

- One 1:1 online coach session with each week of on-site camp purchased
- Extended care flexible 2-hour pick-up window after camp, each day
- The most stringent Covid-19 and general safety policies
- 30 unique themes to chose from, infused with social emotional learning.

#### CAMP EDMO® 221 IN-PERSON CAMP

At Camp EDMO, science and songs go together. Art complements design. Coding builds friendship. Getting messy and making mistakes are celebrated.

### **On-site Spring Break Camp**

When: March 29—April 2, 8:30am—5pm Where: Parks & Recreation Bldg, Parkview Activity Room

**Grades:** 1–5 **Activity fee** \$465 / week.•

### **On-site Summer Camp**

When: June 7—August 6, 8:30am—5pm
Where: Rocklin Community Center
Grades: Pre-K—8 Activity fee: \$439—\$469 /

week\*

\*Sliding scale financial aid available

### Register online at www.EDMO.org



### **RocklinSwimTeam.org** (916) 975-5130

Join us for swim programs at the heated Rocklin High School pool. Our professional coaches provide culture, training and development for swimmers of all ages and abilities.

#### **SPRING BREAK**

Weeknight 30-minute class (Mon–Thurs) at 5 pm, 5:30 pm or 6 pm to get a head start on swim skills (4 classes).

**Group fee:** \$50 **Session:** March 29–April 1

### **SUMMER LESSONS**

Weeknight 30-minute class (Mon-Thurs) at 4:30 pm, 5 pm, 5:30 pm, 6 pm and 6:30 pm (8 classes). We also offer adaptive lessons for those living with disabilities.

Session I: June 7–June 17 • Session II: June 21–July 1 • Session III: July 5–July 15

Session IV: July 19–July 29

**Group fee:** \$90, **Private:** \$225, **Adaptive:** \$110







### **BENEFITS OF STAYING ACTIVE**

Staying active is crucial to health and well-being at any age, but for adults and seniors, the benefits are extensive. The health benefits of an active lifestyle far outweigh the risks.

### **YOU CAN DO IT!**

Getting older doesn't need to mean abandoning an active lifestyle. Injuries and pre-existing medical conditions can limit one's acitivies, but finding a plan that works for you can still deliver huge benefits. We've put together a series of programs and activities specifically geared toward adults of many different ages.

### ACTIVE ADULTS

Register for classes by clicking the blue number by the date. Payment for all classes: Visa, MasterCard, American Express, Discover, Diners.

#### **VIRTUAL HULA**

These are virtual online classes. Students will learn easy-to-follow traditional hula hands and feet movements. The class will help coordination, balance, as well as strengthen core, hips and knees. Kala Mai Welcome. Enjoy the beauty of dance, Mahala.

Activity fee: \$25 for general public

Ages: 55+ Gender: Coed

**Dates:** March (<u>902</u>), April (<u>903</u>), May (<u>904</u>),

Times: Fridays, 1pm—2pm

Notes: Instructor will email Zoom link information prior to class.

#### **VIRTUAL ZUMBA GOLD**

These are virtual online classes. Zumba Gold is a series of Latin-based cardioifitness classes for those with mobility issues. Have fun enjoying Latin/international show tunes—pop, cumbia, salsa, merengue, and cha cha. It's a great way to get into shape with low-impact. This is fun—exercise in disguise!

Activity fee: \$40 for general public

Ages: 55+ Gender: Coed

**Dates:** March (802), April (803), May (804), June (805)

Times: Tuesdays and Thursdays, 11 am—noon

Notes: Instructor will email Zoom link information prior to class.

#### HULA

This is an in-person class.

Students will learn easy-to-follow traditional hula hands and feet movements. The class will help coordination, balance, as well as strengthen core, hips and knees.

Location: Parkview Activity Room, 5460 5th St.

Activity fee: \$25 for general public

Ages: 55+ Gender: Coed

**Dates:** April (908), May (909), June (910), July (911), August (912)

Times: Mondays and Wednesdays, 1pm-2pm

### **ZUMBA GOLD**

This is an in-person, outside class. Zumba Gold is a series of Latin-based cardioifitness classes for those with mobility issues. Have fun enjoying Latin/international show tunes—pop, cumbia, salsa, merenque, and cha cha. It's a great way to get into shape with low-impact. This is fun—exercise in disguise!

**Location:** Parkview Activity Room, 5460 5th St.

Activity fee: \$35 for residents and \$40 for nonresidents

Ages: 55+ Gender: Coed

**Dates:** March (807), April 1 (808), May (809), June (810), July (811), August (812)

Times: Mondays, 10am—11am • Wednesdays, 10am—11am



## SENIOR SUPPORT

### **SENIOR PEER COUNSELING**

This course is a voluntary, free, confidential, in-home and short-term support program for Placer County residents 55 years and older. Peer Counselors work with residents in their homes to offer support on age-related issues, like family conflict/boundaries, grief/loss, caregiver stress, changes in independence, situational depression/anxiety, age-related transitions and more. Peer Counselors are trained volunteers who listen, support and gently encourage clients toward their stated goals.

For more information contact the Senior Peer Counseling Coordinator at 916.787.8859.

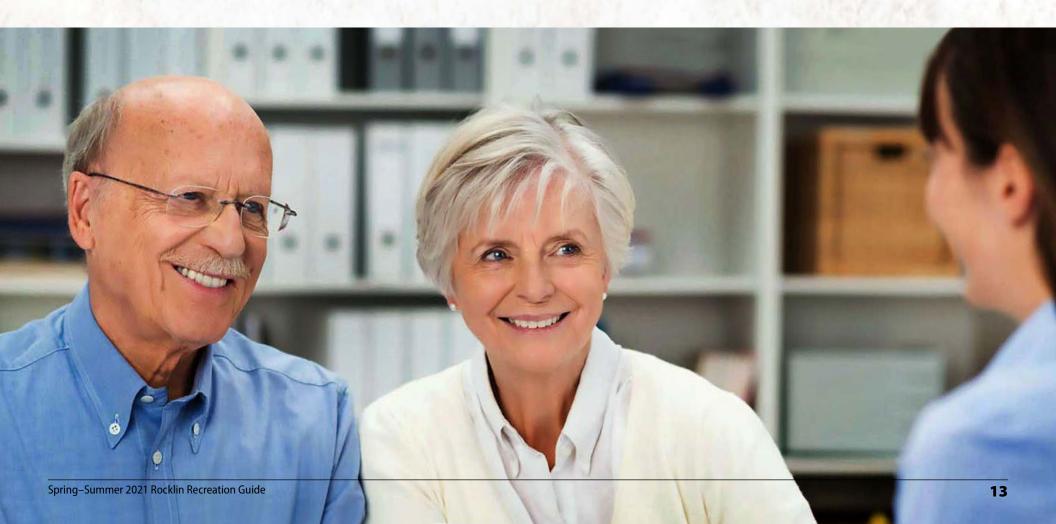
### **AARP DRIVING CLASSES**

New classes are being offered again in 2021. Watch your email and check for classes as they're added.

Location: Rocklin Event Center, 2650 Sunset Blvd.

Facility: Room 107

Activity fee: \$25 AARP members, \$30 Non-members





### **INTELLIBRICKS**

Raise the overall awareness and skills of children in the realm of technology through hands-on activities in these Intellibricks courses. Using teamwork and cooperation, students are introduced to basic STEM concepts that will help them adapt to future advances in technology.

### DIGITAL DRAWING, ANIMATION, AND GAME DESIGN

These courses are designed to help develop children's computer, coding and artistic skills while having fun, exploring new ideas, and making cool things. Students will learn animation techniques, computer drawing, design skills, and gain an intermediate understanding of many related concepts and terms.

### COMPUTER SKILLS

Register for classes by clicking the blue number by the date. Payment for all classes: Visa, MasterCard, American Express, Discover, Diners

### INTELLIBRICKS VIRTUAL GAME DESIGN WITH SCRATCH — (3041)

**Virtual Game Design With Scratch** — Learn game design with Scratch! Use your coding skills to learn how to make games. Learn to make custom sprites, custom backgrounds, and keep scores. Students will learn characteristics of games such as speed, obstacles, scoring, visual appeal, and sounds.

**Location:** Virtual

Activity fee: Residents: \$180, Nonresidents: \$190

Ages: 7–12 yr, 11 mo Gender: Coed

**Dates:** March 17—May 12 **Wednesdays:** 3:30—5pm (Except Wed, March 31)

**Note:** A Desktop/Laptop, Scratch (free software)

### INTELLIBRICKS VIRTUAL ANIMATION WITH SCRATCH — (3040)

**Virtual Animation With Scratch** — Learn animation with Scratch! Once you've learned the basics you can learn to make a birthday card, a firework show, and work on creating your own stories. This class will cover more advanced concepts, such as cloning, variables, and timing. Students will work towards creating their own adventure story.

**Location:** Virtual

Activity fee: Residents: \$180, Nonresidents: \$190

Ages: 7–12 yr, 11 mo Gender: Coed

**Dates:** April 6—May 25 **Tuesdays:** 3:30pm—5pm

**Note:** A desktop/laptop, Scratch (free software) of Digital Drawing and Design Level 1)

### INTELLIBRICKS VIRTUAL DIGITAL DRAWING LEVEL 2 — (3043)

**Virtual Drawing Level 2** — In the Level 2 class students will learn more brushes, how to edit their drawings with advanced settings. Students will learn about concept ideas and ways to improve their shading and weight lines. Students will learn intermediate knowledge of art terms and concepts. These new artistic concepts will be used on eight new masterpieces.

**Location:** Virtual

Activity fee: Residents: \$180, Nonresidents: \$190

Ages: 9–14 yr, 11 mo Gender: Coed

**Dates:** April 6–May 25 **Tuesdays:** 3:30pm–5pm

**Note:** A desktop/laptop (no chromebooks), Autodesk Sketchbook (free software), completion of Digital Drawing and Design Level 1)



### COMPUTER SKILLS

Register for classes by clicking the blue number by the date. Payment for all classes: Visa, MasterCard, American Express, Discover, Diners

### **INTELLIBRICKS ANIMATION WITH SCRATCH** — (3030)

Calling all game lovers. It's fun to play video games. It's even more fun to design your own game! In this class you won't just learn to program the games, you will also have fun playing them. Students will learn the characteristics of a good game, like speed, obstacles, scoring, visual appeal and sound effects. They will also learn the basics of coding, like variables, if/then statements, logic, loops, etc. Students will create cool characters (sprites) for their games and will also learn to build backdrop for their games.

**Location:** Virtual

Activity fee: Residents: \$170, Nonresidents: \$180

Ages: 8-12 yr, 11 mo Gender: Coed

**Dates:** June 14–June 18 **Weekdays:** 9am–noon

**Note:** We will provide all the equipment, including laptops for this class.

### INTELLIBRICKS GAME DEVELOPMENT WITH PYTHON — (3033)

Python is easy to learn and use, which has made it a popular and widely used programming language. Our course will introduce students to Python, while teaching the building blocks of programming, like variables, if/else statements, loops and more. Afterwards, they will use their newfound knowledge to dive into Pygame, a cross-platform set of Python modules designed for writing video games, where they will create cool, fun games, like Snake and Flappy bird. Each lesson builds upon the last as students create fun and complex applications, pushing the limits of their imagination and critical thinking.

**Location:** Virtual

Activity fee: Residents: \$170, Nonresidents: \$180

Ages: 12–15 yr, 11 mo Gender: Coed

**Dates:** June 28–July 2 **Weekdays:** 1pm–4pm

Note: Students must bring their own laptops. We will email setup instructions before the camp.

### **INTELLIBRICKS ANIMATION WITH SCRATCH** — (3036)

Students will learn coding by doing fun animation projects. As students learn the ins and outs of the intuitive drag-and-drop interface, they'll create an animated birthday card, a fireworks show, and work on creating their own stories, including a choose-your-own-adventure! This class will cover cloning, variables, timing and even how to create custom sprites.

**Location:** Virtual

Activity fee: Residents: \$170, Nonresidents: \$180

Ages: 8–12 yr, 11 mo Gender: Coed

Dates: August 2—August 6 Weekdays: 9am—noon

**Note:** We will provide all the equipment, including laptops for this class.

#### INTELLIBRICKS 3D MODELING WITH BLENDER — (3037)

This basic 3D modeling course could lead students on career pathways to 3D animation, game design or special effects. Students will learn the basics of 3D modeling using Blender, an open-source software, with concepts applicable to any other 3D software. The course will take students through the software interface, into the process of creating models from basic primitive shapes to eventually creating good UV layouts and apply textures to created objects. If you like 3D animation, games, or visual effects, join us in this fun adventure!

**Location:** Virtual

Activity fee: Residents: \$200, Nonresidents: \$210

**Ages:** 12–15 yr, 11 mo **Gender:** Coed

**Dates:** August 2—August 6 **Weekdays:** 1pm—5pm

Note: Students must bring their own laptops. We will email setup instructions before the camp.

### COMPUTER SKILLS

Register for classes by clicking the blue number by the date. Payment for all classes: Visa, MasterCard, American Express, Discover, Diners

#### INTELLIBRICKS INTRO. TO DIGITAL DRAWING & DESIGN — (3031)

Introduce your child to graphic design while learning Sketchbook, a software used by designers & artists Sketchbook is a serious digital art tool, not one of the many simple drawing apps available. Sketchbook features 100s of brushes, a layering system, predictive strokes to clean up shaky lines and countless other tools to help students create incredible art. This class teaches concepts of traditional drawing, while creating digital art. With great instructors, fun projects and incredible tools at their disposal, all it takes to make an artistic masterpiece is a love for art! Students will create one piece of art each day.

**Location:** Virtual

Activity fee: Residents: \$170, Nonresidents: \$180

Ages: 9–15 yr, 11 mo Gender: Coed

**Dates:** June 14–June 18 **Weekdays:** 1pm–3pm

**Note:** We will provide all the equipment including laptops and Wacom tablets for this class..

### **INTELLIBRICKS LEGO ROBOTICS: MIGHTY MACHINES** — (3032)

Aren't we all fascinated with the mighty construction machines? Join us for a fun week to build Lego models of construction machines, like a crane and excavator. Use the intuitive WeDo platform to program the models and bring your creations to life! With a colorful, drag-and-drop interface being used alongside child-friendly themes, like mighty machines, this class is bound to excite children who will bring their everyday Legos to life by exploring and adding new technology.

**Location:** Virtual

Activity fee: Residents: \$170, Nonresidents: \$180

Ages: 5–12 yr, 11 mo Gender: Coed

**Dates:** June 28–July 2 **Weekdays:** 9am–noon

Note: We will provide all Lego and touch screen computers for the camp. Children cannot take home any of their creations or Lego products.

### INTELLIBRICKS LEGO ROBOTICS: MOTOR MADNESS — (3034)

Calling all car lovers out there. During this six-week session, children will build a new kind of car each week and learn the concept surrounding it. For example, one week might focus on building a car with sails and learn all about wind resistance and its effect on speed. Some models will focus on programming too.

**Location:** Virtual

Activity fee: Residents: \$170, Nonresidents: \$180

Ages: 5-9 yr, 11 mo Gender: Coed

Dates: July 19–July 23 Weekdays: 9am–noon

**Note:** Intellibricks will provide all Lego and touch screen computers for the camp. Children cannot take home their creations or Lego products. The Lego group of companies does not sponsor, authorize or endorse any of our programs.

### INTELLIBRICKS WEB DEVELOP., HTML, CSS & JAVASCRIPT — (3035)

Whether playing games, shopping or watching videos, a website can be a gateway to a world of fun. Being able to make your own is a lucrative, important and interesting skill. That's why we're offering a new website development class. This class will give students an introduction to three coding languages: HTML, CSS and Javascript — the three languages that make up a vast majority of the sites you'll visit. Use HTML to build the foundation of the site, CSS to improve the visual styling, and JavaScript to make your site interactive. Web design has never been more important.

**Location:** Virtual

Activity fee: Residents: \$170, Nonresidents: \$180

Ages: 11–15 yr, 11 mo Gender: Coed

**Dates:** July 19–July 23 Weekdays: 1pm–4pm

**Note:** Students must bring their own laptops. We will email the setup instructions before the camp..



### **FOOD IS FUN**

What child doesn't like to eat? From the most picky eaters to insatiable chow hounds, food can be fun, educational and delicious. An appreciation for good, nutritious food is important — as is the ability to prepare it while, at the same time, enjoying the process.

### **VIRTUAL FOOD**

Well, to be honest, virtual food isn't very tasty, but in these virtual classes, we will teach your child about the real thing. From island cooking to breakfasts around the world to a taste of magic, we will provide students with the educational foundation of an important life-long skill.

Spring–Summer 2021 Rocklin Recreation Guide

### VIRTUAL COOKING

Register for classes by clicking the blue number by the date. Payment for all classes: Visa, MasterCard, American Express, Discover, Diners

### **VIRTUAL ZOOM COOKING: ISLAND COOKING** — (2007)

Islands have their own special style of cooking using ingredients that are available on the island: pumpkin pancakes with palm sugar syrup from Aruba; yam bread from Trinidad, Filipino pancit rice noodles with shaved carrots... and more!

**Location:** Online Zoom link will be emailed to you before class.

Activity fee: \$225 Ages: 6–13 yr, 11 mo Gender: Coed

**Dates:** February 9—March 9 **Tuesdays:** 3:30pm—5pm

### VIRTUAL ZOOM COOKING: BAKING ROUND THE WORLD — (2008)

Children will learn about countries around the world by baking savory and sweet baked specialties.

**Location:** Zoom link will be emailed to you before class.

Activity fee: \$125 Ages: 6–13 yr, 11 mo Gender: Coed

**Dates:** February 10—March 10 **Weekdays:** 3:30pm—5pm

### VIRTUAL ZOOM COOKING: A ST. PATRICK'S DAY CELEBRATION — (2012)

Kiss Me I'm Irish: A St. Patrick's Day Celebration. Celebrate St. Patrick's Day with Irish tasty treats: Irish potato soup with dumplings, soda bread and Irish pinwheel cookies

Location: Zoom link will be emailed to you before class.

Activity fee: \$25 Ages: 6–13 yr, 11 mo Gender: Coed

**Date:** March 16, 3:30pm-5:30pm

### **VIRTUAL COOKING: BREAKFASTS ROUND THE WORLD** — (2612)

Breakfast is delicious any time of the day! Countries around the world have their breakfast specialties. We will cook and taste 2–3 different international breakfast items each camp day—from Finnish French Toast to Chilean potato egg tortillas to Guatemalan plantain pancakes with banana sauce. Your children will learn about countries around the world while savoring different breakfast fare. Mmmmmmm!

**Location:** Online (Link emailed before the camp week.)

Activity fee: \$225 Ages: 6–13 yr, 11 mo Gender: Coed

Dates: March 22–April 2 Weekdays: 9am–noon

**Note:** Link and recipes will be emailed before the camp week.

### VIRTUAL ZOOM COOKING: HELLO SPRING! — (2013)

One-day workshop welcoming spring. We will make grilled peach salad; pear, gruyere and arugula pizza; and strawberry cobbler.

Location: Zoom link will be emailed to you before class.

Activity fee: \$25 Ages: 6–13 yr, 11 mo Gender: Coed

**Date:** April 1, 3:30pm—5:30pm

### VIRTUAL ZOOM COOKING: BREAKFAST IN BED FOR MOM — (2014)

Mom will be thrilled when you knock on her door with a tray of homemade breakfast treats!

**Location:** Zoom link will be emailed to you before class.

Activity fee: \$25 Ages: 6–13 yr, 11 mo Gender: Coed

**Date:** May 7, 3:30pm-5:30pm

### VIRTUAL COOKING

Register for classes by clicking the blue number by the date. Payment for all classes: Visa, MasterCard, American Express, Discover, Diners

### **VIRTUAL COOKING: INTERNATIONAL BAKING** — (2600)

Both savory and sweet baking will take place in this delicious class which explores how international culture and food come together ... in the oven!

Activity fee: Residents: \$286, Nonresidents: \$296

Ages: 6–13 yr, 11 mo Gender: Coed

**Dates:** May 31–June 4 **Weekdays:** 9am–noon

**Note:** Recipes, cookware needs and a link to the class will be emailed before the camp week.

### **VIRTUAL COOKING: COOKING ROUND THE USA** — (2601)

Campers will visit a different US state each day, learn about what that state is distinctly known for, and eat delicious foods associated with that state.

Activity fee: Residents: \$286, Nonresidents: \$296

Ages: 6–13 yr, 11 mo Gender: Coed

**Dates:** June 7–June 11 **Weekdays:** 9am–noon

**Note:** Recipes, cookware needs and a link to the class will be emailed before the camp week.

### HARRY POTTER: TASTE THE MAGIC — (2602)

From butterbeer pancakes to double, double chocolate cauldron cake, campers will enjoy Hogwarts culinary delights!

Activity fee: Residents: \$286, Nonresidents: \$296

**Ages:** 6–13 yr, 11 mo **Gender:** Coed

**Dates:** June 14–June 18 **Weekdays:** 9am–noon

**Note:** Recipes, cookware needs and a link to the class will be emailed before the camp week.

### **VIRTUAL COOKING: PIZZA MANIA** — (2603)

If your child is a pizza hound, this is the week for them! Pizzas Round the World — at least two different pizzas each day! From Indian naan bread pizza to French Benedict pizza, to German berry dessert pizza, children will learn to make (and love to eat) varieties of pizza.

Activity fee: Residents: \$286, Nonresidents: \$296

Ages: 6–13 yr, 11 mo Gender: Coed

**Dates:** June 21–June 25 **Weekdays:** 9am–noon

**Note:** Recipes, cookware needs and a link to the class will be emailed before the camp week.

### **VIRTUAL COOKING: A DISH OF DISNEY** — (2604)

Kids will cook, eat, and have fun with Disney characters and movies. Food that we cook is an interpretation of Disney (i.e. Pizza Planet Pizza from Toy Story, grubs and bugs from Lion King, meatball stroganoff from Anastasia, etc.)

Activity fee: Residents: \$286, Nonresidents: \$296

Ages: 6–13 yr, 11 mo Gender: Coed

Dates: June 28–July 2 Weekdays: 9am–noon

**Note:** Recipes, cookware needs and a link to the class will be emailed before the camp week.

### **VIRTUAL COOKING: ISLAND COOKING** — (2605)

Both savory and sweet baking will take place in this delicious class which explores how international culture and food come together ... in the oven!

Activity fee: Residents: \$286, Nonresidents: \$296

Ages: 6–13 yr, 11 mo Gender: Coed

**Dates:** July 6–July 9 **Tuesdays, Wednesdays & Thursdays,** 9am—noon

Note: Recipes, cookware needs and a link to the class will be emailed before the camp week.

### VIRTUAL COOKING

Register for classes by clicking the blue number by the date. Payment for all classes: Visa, MasterCard, American Express, Discover, Diners

#### VIRTUAL COOKING: STAR WARS — MAY THE FORK BE WITH YOU! — (2606)

Campers will visit the dark side and the light side of the galaxy with imaginative food creations from Star Wars characters like Chewbacca, BB8, R2D2, Princess Leia, Yoda and others.

Activity fee: Rocklin residents: \$286, Nonresidents: \$296

Ages: 6–13 yr, 11 mo Gender: Coed

Dates: July 12—July 16 Weekdays: 9am—noon

**Note:** Recipes, cookware needs and a link to the class will be emailed before the camp week.

### **VIRTUAL COOKING: COOKING ROUND THE WORLD** — (2607)

You won't need a passport to cook from five different countries! Campers will learn about culture, tastes, and celebrations while enjoying the foods and flavors from different countries.

Activity fee: Rocklin residents: \$286, Nonresidents: \$296

Ages: 6–13 yr, 11 mo Gender: Coed

Dates: July 19–July 23 Weekdays: 9am–noon

**Note:** Recipes, cookware needs and a link to the class will be emailed before the camp week.

### **VIRTUAL COOKING: A PLATE OF PIXAR** — (2608)

Children will enjoy a different favorite Pixar movie and the foods mentioned in films like Ratatouille, Toy Story, Monsters, Inc, and others. Kids learn awesome cooking skills through daily demos and experimenting with kitchen tools.

Activity fee: Residents: \$286, Nonresidents: \$296

Ages: 6–13 yr, 11 mo Gender: Coed

**Dates:** July 26–July 30 **Weekdays:** 9am–noon

**Note:** Recipes, cookware needs and a link to the class will be emailed before the camp week.

### **VIRTUAL COOKING: SUPER FOOD AND SUPER HEROES** — (2609)

From Spiderman pretzel webs to Thor cupcakes, to Wolverine burgers, to Teenage Mutant Ninja Turtle pizza your child will have a "Marvel"-ous time exploring the world of super heroes!

**Activity fee:** Residents: \$286, Nonresidents: \$296

Ages: 6–13 yr, 11 mo Gender: Coed

**Dates:** August 2—August 6 **Weekdays:** 9am—noon

**Note:** Recipes, cookware needs and a link to the class will be emailed before the camp week.

### **VIRTUAL COOKING: FAIRYTALE COOKING** — (2610)

After retelling five fairy tales, we will create dishes representative of our favorite stories: Cinderella's pumpkin coach, Goldilocks's chocolate quinoa porridge, Little Red Riding Hood's bread basket and more.

Activity fee: Residents: \$286, Nonresidents: \$296

Ages: 6–13 yr, 11 mo Gender: Coed

**Dates:** August 9–August 13 **Weekdays:** 9am–noon

**Note:** Recipes, cookware needs and a link to the class will be emailed before the camp week.

### **VIRTUAL COOKING: EAT YOUR COLORS** — (2611)

Green, Brown, Yellow, White, Red. Each camp day focuses on a new color- from the foods we cook to the stories and activities - the color dominates! We ask children to dress in the color of the day!

Activity fee: Residents: \$286, Nonresidents: \$296

Ages: 6–13 yr, 11 mo Gender: Coed

**Dates:** August 16–August 20 **Weekdays:** 9am–noon

**Note:** Recipes, cookware needs and a link to the class will be emailed before the camp week.

## 2021 SUMMER FUN!

## Free Movie Fridays

Bring the entire family, blankets and low-profile chairs to enjoy a free movie under the stars.
Food trucks will be there before the movie begins.
Come early, grab a good spot and enjoy the show!

June 18 – *Trolls* at Margaret Azevedo Park August 20 – *Onward* at Whitney Park

rocklin.ca.us/FreeMovieFridays

## Park Pulse

Our community is the heartbeat of Rocklin!
Let's get together as neighbors and friends at

Johnson-Springview Park to spend a fun evening
celebrating our local talent — July 8, 15, 22 and 29.
Enjoy delicious tastes from food trucks, explore handcrafted items from vendors, and be entertained with
tunes from local musicians.

New splash pad and freshly renovated picnic pavilions are the perfect setting for the summer festivities.

rocklin.ca.us/parkpulse

## Quarry Park Concerts

Who doesn't like music?
Grab a few friends and join us at **Quarry Park** this summer to enjoy some great music by some fantastic bands. We can hardly wait!

See schedule and ticket information at

**ConcertsAtTheQuarry.com** 





### **PARKS, RECREATION & ARTS COMMISSION**

The Commission is responsible for the promotion and preservation of community recreation, open space, park lands, public art, and cultural initiatives.

Residents are invited to attend. Meetings are on the second Wednesday of each month, at the Rocklin Event Center beginning at 6:00pm.

Meeting agendas and minutes: <u>rocklin.ca.us/pracommission</u>

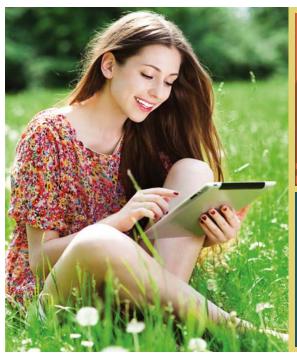
#### **ART TASK FORCE**

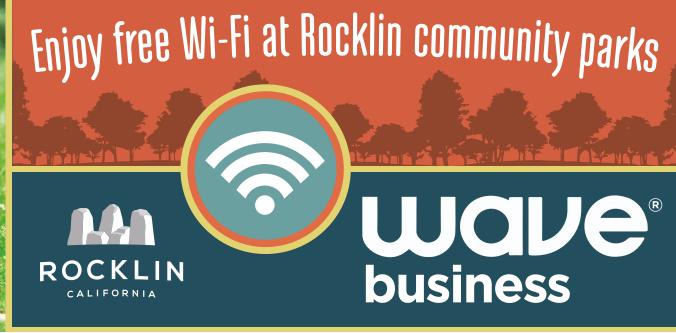
The Art Task Force supports artists and makes arts and cultural activities available to all Rocklin residents.

Residents are invited to attend. Meetings are on the fourth Monday of each month at the Rocklin Event Center @ 5:00pm.

Learn more. Get involved: Art Task Force Brochure • Agendas & minutes







## ROCKLIN COMMUNITY THEATRE

Rocklin Community Theatre offers classes for children, teens, and adults that focus on skills such as acting, singing, and dancing. Students develop performance abilities, make new friends, and build self-confidence. Although the mainstage season has been put on hold, check out their website for virtual class offerings as well as upcoming youth camps.

https://www.rocklintheatre.org





**ZIP • SOAR • CLIMB • EXPLORE** 

## Quarry Park

ADVENTURES

**RESERVE YOUR TIME ONLINE** 

**QUARRYPARK.COM** 







## Parks Make Life Better!



## More Youth Sports Organizations



The Word Health Organization says that studies suggest that physically active young people more readily adopt other healthy behaviors (e.g. avoidance of tobacco, alcohol and drug) and demonstrate higher academic performance at school.

Rocklin Youth Soccer Club rocklinsoccer.org

rocklingirlssoftball.org

Rocklin Girls Softball Rocklin Little League

rocklinllb.com

Rocklin Pony Baseball Tri City Little League rocklinponybaseball.com tricitylittleleague.com

Rocklin Jr Thunder <u>jrthunder.com</u> **TeamSideline.com/rocklinrecsports** 

Whitney Jr Wildcats whitneyjrwildcats.org





May 15 - 0ct.  $15 \cdot 10$ am - 7pm  $\cdot 7$  days each week!

### **JOHNSON-SPRINGVIEW PARK**

5480 5th Street

### **KATHY LUND PARK**

6101 West Oaks Blvd.

### WHITNEY PARK

1801 Whitney Ranch Pkwy.

### Click, Drop, Send

Access Rocklin is an easy way to report problems, send photos, ask questions, file complaints or send compliments directly to the city.

rocklin.ca.us/access-rocklin





